Menu 1

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads Milk/Water | CerealToast & Spreads Milk/Water |
| Vegetable Chow Mein  (fresh mixed vegetables, egg noodles)  Mixed Salad  Strawberry Mousse | Quorn chilli, Rice & Nachos  Mixed Salad  Jelly & Ice Cream | Lentil Lasagne, garlic bread & Mixed Salad  Fresh Sliced Melon (Honeydew & Watermelon) | Chicken Tikka Masala (or Korma) & Rice  Natural Yoghurt  Mixed Salad  Homemade Fruit Cake | Fish Fingers, Oven Chips & Mushy Peas  Mixed Salad  Choc Ice |
|  |  |  | **Fresh Vegetable Curry** | **Vegetable Fingers** |
| Fruit Loaf  Satsumas | Sandwiches  Apples | Pitta Bread & Hummus  Bananas | Turkey Ham Pasta Salad  Fromage Frais | Croissants, Cheese & Cherry Tomatoes  Fruit Salad |

**Meals are subject to last minute changes if the freshest ingredients cannot be sourced at the time.**

Menu 2

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads  Milk/Water |
| Quorn, sweetcorn & courgette Pasta Bake  Mixed Salad  Fresh Fruit Salad | Macaroni Cheese & Garlic Bread  Mixed Salad  Mixed Honeydew & Watermelon | Fish Cakes, Boiled Potatoes, Peas & Sweetcorn  Mixed Salad  Homemade Orange Coconut Cake | Butternut and Chick Pea Curry & Rice  Natural Yoghurt  Mixed Salad  Fromage Frais | Vegetarian cottage pie  Mixed Salad  Arctic Roll |
|  |  | **Vegetable Fingers** |  |  |
| Fruit Loaf  Mini Milk Lollies/choc ice | Pitta Bread & Hummus  Satsumas | Sandwich Selection  Bananas | Pancakes & Honey  Apples | Tuna, Crackers & Cucumber sticks  Pears |

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Menu 3

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads Milk/Water | Cereal Toast & Spreads Milk/Water | CerealToast & Spreads Milk/Water |
| Jacket Potato choice of tuna, sweetcorn or baked beans  Mixed Salad  Strawberry Mousse | Courgette & Mushroom Risotto  Mixed Salad  Mandarin Jelly | Chilli Con Carne with Rice and Tortilla Chips  Mixed Salad  Homemade Muffins | Summer Veg Pasta Salad & Matchstick Vegetables in Tomato Sauce  Mixed Salad  Mango Pulp & Ice Cream | Fish fingers, mash & Peas  Mixed Salad  Streusal Cake |
|  | **Vegetable Pasta in Tomato Sauce** |  |  |  |
| Bran or Oat Cookies  Pears | Choice of Sandwiches  Satsuma’s | Pancakes & Honey  Apples | Fruit Loaf  Bananas | Cheese Filled Croissants  Fresh selection of Melon |

**Meals are subject to last minute changes if the freshest ingredients cannot be sourced at the time.**

Menu 4

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Cereal Toast & Spreads  Milk/Water | Cereal Toast & Spreads  Milk/Water | Cereal Toast & Spreads  Milk/Water | Cereal Toast & Spreads  Milk/Water | Cereal Toast & Spreads  Milk/Water |
| Summer veg pasta in tomato sauce  Mixed salad  Fresh Fruit Salad | Creamy Courgette Lasagne & Garlic Bread  Mixed Salad  Fairy Cakes | Chicken & Spring Vegetable Casserole with Rice  Mixed Salad  Mini Milk Lollies | Vegetable Pie  Potato Wedges  Mixed salad  Sliced Melon | Quorn Sausages, Mashed Potatoes, Peas & Sweetcorn, Onion Gravy  Mixed Salad  Apple & Carrot Cake |
|  |  | **Spring Veg Casserole** |  |  |
| Fruit Loaf  Satsumas | Tuna & Cucumber on Crackers  Pears | Choice of Sandwiches  Apples | Pancakes & Honey  Bananas | Leek, Broccoli & Cheese Muffins  Satsumas |

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